

Life @ NLC | News & Announcements

BULLETIN ANNOUNCEMENTS | SEPTEMBER 1, 2019

Read below for information about activities and opportunities going on at NLC!

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Today @ NLC

JANET DEVINE ANNOUNCES HER RETIREMENT

After 15 years of wonderful service to our congregation, Janet Devine has announced her retirement, effective Friday, September 6. **We will recognize and honor Janet during worship on Rally Sunday, September 8.** Janet has served as an administrative assistant in many areas of ministry, becoming a "spinning hub" for all of congregational life. Most of all, she has loved the people well, as a servant of Jesus Christ, prayerfully offering her gifts for the well-being of others. We are so thankful for her faithful work among us. She will be missed! There will be an opportunity for you to greet and thank both Janet and JD during the picnic on Rally Sunday. Please bring your cards and well-wishes as we send her off with our love.

In Our Family | August 2019

BAPTISMS

Sebatian Theodore Plank	August 25
Blakely Rae Stoll	August 25

WEDDING

Andrew and Sarah Kuderer	August 30
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Community

CHURCH OFFICE / BUILDING CLOSED ON MONDAY, SEPTEMBER 2 (LABOR DAY)

WEDNESDAY WOMEN'S BIBLE STUDY BEGINS WED, SEPT 4, 2019 | 9:30-11:30 AM | RMS 209-211



Join us in studying the book of Romans starting Sept 4, when we'll meet and have fellowship with our new leader, Pastor Rebecca Gamble. Stop by the Welcome Center to pick up a bookmark containing the schedule & lesson readings today! **Come, hear, learn, and have fun! Bring your Bible!** Study Guides available. Questions? Contact Maggie Valenta-952.484.9830 / maggiemoen22@gmail.com.

Joy through Generosity | Discipleship Works!



We certainly have received a lot of rain this summer. Water will always take the easiest path, sometimes leading to our basements. Much like water, left on our own, our financial stewardship decisions may often take the easier, more comfortable path. The path does not always flow to where we want to be. God has provided practical guidelines and recommendations that help us in the choices we make as disciples. Place Him first above all things, carry everything to Him in prayer for guidance and support, and care for neighbors around us! **When we share our decision making with the Lord, joining with other disciples, NLC becomes a powerful flowing river for God's kingdom.**

Community (continued)

THURSDAY MORNING BIBLE STUDY BEGINS

THURS, SEPT 5, 2019 | 10 -11 AM | RMS 209-211

Jesus played with children and taught adults! That should tell us something about the need for adults to study the Scriptures. Join us weekly on Thursdays as we continue our in-depth study of the Gospel of Luke. Bring your Bible! Questions? Contact Pastor Chuck Humphrey at chashumphrey@gmail.com.

TAI CHI | THURS | 1:30-2:30 PM | STUDIO B

Not just for seniors! Tai Chi is open to anyone looking for a way to reduce stress, improve flexibility and overall health. This low impact exercise combines focused movements, deep breathing techniques and meditation. Practiced regularly it can decrease stress, improve muscle strength, enhance immune system and improve your quality of sleep. Dress comfortably – movements done standing or seated and without a mat. No registration required. **Try your first class FREE!**

WEDNESDAY NIGHT DINNERS RESUME!

Wednesday, Sept 11 | 5:00-6:45 pm

Come join in delicious family-style dinners with NLC friends. No need to cook on busy Wednesday nights! \$6-adult, \$4-kids 12 and under.

Upcoming meals:

Sept 11 | Penne Pasta and Meatballs

Sept 18 | BBQ Ribs

Adults & Seniors

SECOND WEDNESDAY

SEPT 11 | 10:00 AM - 2:00 PM | FIRESIDE ROOM

Over 60? Join our monthly social & spiritual time of connection, fellowship, healthy living, book-club discussions, lunch, & programs. Take part in any or all events! Suggested donation: \$5/person for lunch.

10:00 am | Treats, Conversation | Fireside Room

10:30 am | Book Club, Pastor Rebecca Gamble

11:30 am | Matins Worship with Holy Communion

12:00pm | Lunch: Penne Pasta & Meatballs

1:00 pm | Programs: David Jones: *Prohibition – A Grand Misadventure* & Parish Nurse: Susan O'Connell - *Is it the Cold or Flu?*

UNDERSTANDING ALZHEIMER'S AND DEMENTIA

SAT, SEPT 14 | 9:00 – 10:30 AM | ROOMS 209-211

Presented by Alzheimer's Assoc, MN-ND Chapter.

Alzheimer's is not normal aging—it's a disease of the brain that causes problems with memory, thinking, and behavior. This program will provide participants with the ability to differentiate between Alzheimer's and dementia and better understand stages and risk factors. No prior registration necessary.

AGING WITH GUSTO | WEDS, SEPT 18 – OCT 2

10:00 AM – NOON | FELLOWSHIP HALL

Mark your calendars for this FREE community-wide program designed to ignite a positive view of aging. Beverages and pastries at 9:30! **Open to anyone 50 & older—registration required!** Register online at tinyurl.com/y2vnlhgr. For more info, call Jennifer Monroe at 952.977.9373.

AGING WITH GUSTO

September 18, 25, October 2
10:00 am - 12:00 Noon

Our attitudes about aging have an impact on our quality of life, health, & longevity. Join our FREE 3-session program and discover how you can "Age with Gusto." Open to anyone 50+.

Register online at tinyurl.com/y2vnlhgr.



Adults & Seniors (cont'd)

SUPPORT GROUP FACILITATORS NEEDED

The Center has 2 new Alzheimer's Support Groups waiting for volunteer facilitators! Please consider giving a few hours of your time each month for this rewarding experience. Training is provided - contact Cheryl at 952.977.9374/cnickelson@normandalecenter.org.

Children, Youth, & Family

REGISTER FOR FALL!

Programming Begins in September.



REGISTER FOR FALL PROGRAMMING!

If you haven't already done so, it's time to register for fall programming for your children and youth! Pick up a form at the Fishbowl or sign up on line at normluth.org/connect. Questions? Contact Jean Bonneville at jean@normluth.org/952.977.9348.

A poster for Rally Sunday. It features a central image of several hands of different ages clasped together in a circle. Overlaid on the image is a circular logo with the text "TRUST · BELONGING · PURPOSE" and a stylized handshake icon. Below the logo, the text "Rally Sunday" is written in a large, white, cursive font. Underneath that, a dark blue banner contains the text "LIFE TOGETHER · SEPTEMBER 8". At the bottom, the text "9:30 am Worship · 10:30 am Picnic" is written in a white, cursive font. At the very bottom, a white banner contains the text "Experience life together. Join in community and engage with friends and family. Worship, food, and fun for all. All are welcome here."

A poster for Life Together. It features a central image of several hands of different ages clasped together in a circle. At the top, the text "ALL GENERATIONS. ALL PEOPLE." is written in a small, white, sans-serif font. Below that, the text "Life Together" is written in a large, white, cursive font. Underneath that, a dark blue banner contains the text "Trust · Belonging · Purpose". At the bottom right, there is a circular logo with a cross and the text "GENERATIONS LEARNING TOGETHER".

September Sundays

Community Life & Learning

TRUST, BELONGING, PURPOSE

SEPT 15, 22, 29

9:40 AM | VARIOUS LOCATIONS

This month, we explore building a community bonded together in trust, belonging, & purpose.

Join in as we gather around a common topic in age-appropriate learning environments: Kids Life & Learning, Youth Life & Learning, and Adult Life & Learning.

This Week @ NLC | September 2-8, 2019

Monday, September 2

BUILDING CLOSED FOR LABOR DAY

Tues-Fri 9:00am – 3:00pm

Blessing Place - Rooms 1-3 | Preschool - 1st Flr Classrooms

Tuesday, September 3

6:30-7:30pm

Alcoholics Anonymous - Room 207

Wednesday, September 4

9:30-11:30am

Wednesday Women's Bible Study - Rooms 209-211

4:45-7:00pm

Boys & Girls Choir Registration - Room 303

4:45-5:45pm

Boys Choir Rehearsal - Multipurpose Room South

5:15-6:15pm

Brass Quintet Rehearsal - Balcony

5:30-6:30pm

Youth Choir Rehearsal - Rehearsal Room

6:00-7:00pm

Girls Choir Rehearsal - Multipurpose Room South

6:30-8:00pm

Normandale Choir Rehearsal - Rehearsal Room

Thursday, September 5

10:00-11:00am

Thursday Morning Bible Study - Rooms 209-211

1:30-2:30pm

H & W Tai Chi - Studio B

4:30-5:30pm

Cherub Choir Registration - Rooms 303 & 304

4:30-5:30pm

Cherub Choir Rehearsal - Multipurpose Room South

5:45-6:45pm

Handbell Choir - Rehearsal Room

Saturday, September 7

9:00am - 10:30am

Music Therapy - Rooms 212-213

10:30am - 12:00pm

Alzheimer's Caregiver Support Group - Rooms 205-206

Sunday, September 8

9:30-10:30am

Worship | Baptism | Rally Sunday - Sanctuary

10:30am

Congregational Picnic - Main Parking Lot

THE WEEKLY BULLETIN ANNOUNCEMENTS ARE ONLINE

AT NORMLUTH.ORG IN THE QUICK LINKS MENU.

SEE NORMLUTH.ORG FOR NLC EVENTS, SERVICE OPPORTUNITIES, SERMONS, & MORE.