

Life @ NLC | News & Announcements

BULLETIN ANNOUNCEMENTS | JANUARY 6, 2019

Read below for information about activities and opportunities going on at NLC!

- Today @ NLC
- Discipleship Works!
- Community
- Adults & Seniors
- Children & Family
- Youth
- NLC calendar for Jan 7-13

Today @ NLC

COFFEE & COMMUNITY | 10:00AM | FIRESIDE RM
Join us for coffee and donuts in the fireside room after worship!

In Our Family | December 2018

BAPTISMS

Henry James Lucas Dec 30

FUNERALS

Scott J. Garoutte Dec 7
Richard "Dick" Green Dec 14

Community

WEDNESDAY NIGHT DINNERS RESUME JAN 9
Wednesday night dinners will resume on January 9. Dinner is served from 5:00-6:45 pm with home-style menus. Cost is \$6 per adult & \$4 for children 12 & under. All are welcome to attend!

Upcoming Meals:

Jan 9: Hot Beef Sandwiches
Jan 16: Roast Chicken & Baked Potato Bar

Community (continued)

NORMANDALE PRESCHOOL & BLESSING PLACE REGISTRATION | JANUARY 2019
Registration for Normandale Preschool & Blessing Place has begun for the 2019-2020 school year. Find registration forms at the Welcome Center or in the downstairs school offices. **Current students & church members should register by Jan 11, to assure their child a spot for the 2019 school year.** For further info, contact Lisa Pettersen, Director of Blessing Place, a program serving children 18-33 months, at lisa@normluth.org/952-977-9370 OR JoAnne Gustafson, Director, Normandale Preschool, a program serving children 33 months-age 5, at joanne@normluth.org/952-977-9371.

SERVE AT OUR SAVIOUR'S IN 2019!
SECOND THURSDAY OF EACH MONTH | 6-8PM
Start an annual tradition of serving others this year!

Did you know that Our Saviour's Shelter provides shelter & other services to 45 people experiencing homelessness in Minneapolis each night? The shelter utilizes volunteers to help provide meals to the residents each night & Normandale has committed to provide dinners the 2nd Thurs of the month for 2019. **Sign up to serve a meal!** Sign up online at normluth.org/Serve or contact Janet at 952.977.9355/janet@normluth.org. **Urgent need for Jan 10!**



The NLC Justice Network presents

A Morning with Sam Simmons on Racial Justice

Saturday, January 19
8:30 am - 12:00 noon
Fellowship Hall

Gathered by the Holy Spirit as people of faith, we will dive into the topic of historical trauma and explore its impact. Join the conversation. All are welcome. Continental breakfast served.

Community

SAVE THE DATE! JUSTICE NETWORK | SAT, JAN 19 | 8:30AM-12:00NOON | FLWSHP HALL

The NLC Justice Network presents "A Morning with Sam Simmons on Racial Justice." Gathered by the Holy Spirit as people of faith, we will dive into the topic of historical trauma and explore the ways in which it impacts us, others, and the community at large. May our eyes, ears, and hearts be open as we come together and join the conversation. All are welcome. Continental breakfast will be served.

BOOK, BAGEL & BREW | JAN 19 | 9-11AM | RM 208



Ladies, join us for friendship & lively conversation about fiction and non-fiction books covering a wide variety of topics and themes. All readers welcome! This month's book is *The Life We Bury*

Allen Eskens. Questions? Contact Dee Henriksen, at 952.927.9980 / deehenriksen@gmail.com.

MINNEHAHA REPERTORY ORCHESTRA CONCERT | SUNDAY, JAN 20 | 3:00PM | FELLOWSHIP HALL

Come enjoy this concert featuring the Saint-Saens Violin Concerto #3 played by young, up-and-coming violinist Archer Brown, a rarely heard symphony by Finnish composer Leevi Madetoja, along with works by Grieg and Rimsky-Korsakov.



WADE IN THE WATER | SAT, JAN 26 | 7:00PM

Theodicy is back! The Center for Arts and Spirituality welcomes Theodicy Jazz Collective back to NLC for an evening of music and conversation. The concert and discussion will focus on the deep spiritual roots of improvised music, incorporating sounds from jazz, gospel, Latin America and Africa. You will not want to miss! Free and open to the public. All ages welcome!

NLC ANNUAL MEETING | SUNDAY, JANUARY 27 | 12:00 NOON | FELLOWSHIP HALL

We gather as a congregation as we look at the year past and forward to what lies ahead. The NLC Annual Report will be available beginning January 20.

Adults & Seniors

WALKING CLUB | TUESDAYS, BEGINNING JAN 8 | 11:40AM-12:10PM

Beginning Tues, Jan 8, join Susan O'Connell (Parish Nurse) and Jennifer Monroe (Exec Director of the Center for Healing & Whole-ness), on weekly health walks. Meet us at the first level doors every Tues. at 11:40am for a 30-min walk. We will begin with an inspirational bible verse that will help set the intention for each walk.



NIA | TUES, JAN 8 - FEB 12 | 6:30-7:30 PM | STUDIO B



NIA is back! A movement practice that leads to health, wellness, & fitness, NIA empowers adults of all ages & ability levels. Taken barefoot to soul-stirring music, each

class offers a unique combination of moves & can be adapted to individual needs & abilities. Fee is \$30 for 6-wk series, \$7 for drop-ins. Contact the Normandale Center for Healing & Wholeness at 952.929.1698 to register or receive more info.

SECOND WED | JAN 9 | 10AM-2PM | FIRESIDE RM

Over 60? Come to this monthly social & spiritual program. Take part in any or all events. **NEW in 2019!** NLC's Parish Nurse, Susan O'Connell will present interesting health topics during coffee time. Topics will vary month to month. The first presentation will be "Rethink Your Drink." Blood Pressure Screening will be offered each month as well.

10:00 am | Health Presentation | Fireside Room

10:30 am | Book Club led by Connie Nelson

11:30 am | Matins Worship | Chapel

12:00pm | Lunch | Fellowship Hall

1:00 pm | Program - Edina Singers will perform a variety of Holiday, Love, Patriotic, & Nostalgic songs.

SEEING CLEARLY | WED, JAN 9 | 10:30-11:30AM |

FIRESIDE ROOM

Our retired Optician will be here to fit, adjust and do minor repairs on metal frame eyeglasses at no cost. No appointment necessary.

CAREGIVER ED | SAT, JAN 12 | 9:00-10:30AM | RM 209-211

Living with Alzheimer's for Caregivers: Middle Stage-Part 1 - presented by staff from the Alzheimer's Association in coordination with the Normandale Center for Healing & Wholeness. Join us for a discussion with professionals on helpful strategies to provide safe, effective, and comfortable care in the middle stage of Alzheimer's.

Children & Family

SUNDAY SCHOOL RESUMES | JANUARY 13, 2019
Sunday School will resume *next* Sunday, January 13. We hope you had a blessed Christmas season and look forward to seeing you again next week!

PARENTREST LITTLES | SUN, JAN 13 | 10-10:40AM | STUDIO A

Mark your calendars! Our next ParentRest Littles will be Sun, Jan 13. Come connect with other parents who share the same struggles & joys of parenting small children. Nursery is available or bring your little ones.

Youth

CONFIRMATION & HS HANGOUT RESUME
Welcome back and Happy New Year! Confirmation and High School Hangout will resume THIS WEEK! See you on **Wednesday, January 9th!**

Youth (continued)

8TH GRADE WAPO WINTER RETREAT
JAN 18-19 | 5:00PM-5:00PM | MEET @ NLC
CALLING ALL NLC 8th GRADERS! As part of the confirmation program at NLC, your participation is strongly encouraged in this retreat centered around fellowship, faith, and fun! The retreat will take place at Camp WAPO in Amery, WI, where we will play fun games, eat good food, go snow tubing, play broomball, worship, and learn about vocation and who God calls us to be through fun bible skits, activities, and meaningful conversations. **Permission forms are due Jan 9** and can be picked up in the Fishbowl youth room or online at normluth.org/youth.

NOT ME! TRAINING | SUN, FEB 3 | 1-4PM
Female youth ages 14 & up, moms, daughters, grandmas, women of all ages are invited to sign up for this presentation-based training which provides info needed to recognize dangerous situations, avoid them, and escape. See below for registration info!



Come see what's in store for NLC Youth Summer 2019!
Camps, trips, VBS, and more for all ages!

FEB 3

SUMMER SUNDAY

VBS

SPARK!

CAMP VERMILION

NEW! SUMMER STRETCH AFTER DARK

SUMMER STRETCH

ABLAZE!

BWCA

PHOTO: A collage of photos showing youth activities, including a campfire, a group of people outdoors, and a person in a boat.



NOT ME!

**Assault Prevention
& Defense Training**

"NOT ME!" TRAINING provides women the information they need to recognize dangerous situations, avoid them, and escape if the worst happens.

This presentation-based training is appropriate for all, regardless of age, size, or fitness level.

All women welcome. Female youth-ages 14 & up, moms, daughters, and grandmas are welcome and encouraged to attend together.

REGISTER & LEARN MORE >

SUN, FEB 3
1:00-4:00 PM @ NLC

This Week @ NLC | January 7-13, 2019

Mon-Fri 9:00am – 3:00pm

Monday, January 7

7:00 - 8:00am

6:00 - 7:00pm

Tuesday, January 8

6:30 - 7:30pm

5:00 - 6:30pm

7:00 - 9:00pm

Wednesday, January 9

9:30 - 11:30am

10:00am - 2:00pm

11:30am - 12:00pm

4:45 - 5:45pm

5:00 - 6:45pm

5:15 - 6:15pm

5:30 - 8:00pm

5:30 - 6:30pm

6:00 - 7:00pm

6:15 - 6:45pm

6:30 - 8:00pm

6:45 - 7:15pm

7:00 - 8:00pm

7:00 - 8:00pm

7:00 - 8:00pm

7:00 - 9:00pm

8:00 - 9:00pm

Thursday, January 10

10:00 - 11:00am

1:30 - 2:30pm

4:45 - 5:45pm

5:45 - 6:45pm

6:00 - 8:00pm

Friday, January 11

1:00 - 4:00pm

Saturday, January 12

9:00 - 10:30am

10:30am - 12:00pm

Sunday, January 13

8:45 - 9:45am

9:45 - 10:45am

10:00 - 10:40am

10:00 - 10:40am

10:00 - 10:40am

10:00 - 10:40am

10:45 - 11:45am

5:00 - 5:45pm

Blessing Place - Rooms 1-3 | Preschool - 1st Flr Classrooms

Men's Monday Morning Bible Study - Lower Narthex

Finance Committee – Center Office

Alcoholics Anonymous - Room 207

Executive Committee – Center Office

Church Council – Rooms 212-213

Women Bible Study-Large Group – Rooms 209-211

Second Wednesday – Fireside Room

Matins Worship - Chapel

Boys Choir Rehearsal - Multi-Purpose South

Wednesday Night Dinner - Fellowship Hall

Brass Quintet Rehearsal – Sanctuary

KFC (Kids Faith Connect) – Gym

Youth Choir Rehearsal - Rehearsal Room

Girls Choir Rehearsal - Multi-Purpose South

Confirmation Connect – Fireside Room

Normandale Choir Rehearsal – Rehearsal Room

Confirmation - Large Groups – Fireside Room

7th Grade Confirmation – Small Group – Fireside Room

8th Grade Confirmation – Small Group – Multipurpose Room North

9th Grade Confirmation – Small Group – Fellowship Hall

Russo Circle – Katy Hoch's home

High School Hangout - Fishbowl

Thursday Morning Bible Study – Rooms 209-211

H & W Tai Chi – Studio B

Cherub Choir Rehearsal - Multi-Purpose South

Handbell Choir – Rehearsal Room

Serving at Our Saviour's Shelter

Mary Circle – Mary Ann Strand's home

Alzheimer's Caregiver Education Series – Rooms 209 - 211

Alzheimer's Caregiver Support Group – Rooms 212 - 213

Worship – Sanctuary

Coffee & Fellowship – Fireside Room

5th Grade Faith Marker - Multipurpose Room North

Donuts & Devotions - Fishbowl

ParentRest - Rooms 212 - 213

Sunday School – various locations

Worship - Sanctuary

Worship in the Chapel

THE WEEKLY BULLETIN ANNOUNCEMENTS ARE AVAILABLE ONLINE AT NORMLUTH.ORG
UNDER THE QUICK LINKS MENU.

SEE NORMLUTH.ORG FOR NLC EVENTS, SERVICE
OPPORTUNITIES, SERMONS & MORE.