

## THIS WEEK @ NLC | MAY 15-21, 2017

<b>MONDAY, MAY 15</b> 7:00 am 10:00 am 11:00 am <b>11:30 am</b> 5:15 pm 6:00 pm 7:00 pm	<b>PRESCHOOL   BLESSING PLACE M-F</b> Men's Monday Bible Study Visitation for Paul Stormo Funeral Service for Paul Stormo <b>Elder Nutrition Education: Lunch &amp; Learn</b> Reading Buddies Stephen Ministry Leadership Stephen Ministry Peer Supervision	Lower Level Conference Room Fireside Room Sanctuary <b>Rooms 209-211</b> Hope Academy, Minneapolis Conference Room Rooms 212, 213
<b>TUESDAY, MAY 16</b> 8:30 am <b>10:30 am</b> 6:30 pm <b>6:30 pm</b> 7:00 pm	Sew Day Quilting <b>Alternating Exercise Series:</b> Alcoholics Anonymous <b>Senior High Recognition Dinner</b> Church Council	Fellowship Hall <b>Rooms 212-213</b> Room 207 <b>Fireside Room</b> Rooms 212-213
<b>WEDNESDAY, MAY 17</b> 4:30 pm 5:15 pm 5:30 pm 6:00 pm 6:30 pm 7:00 pm 8:00 pm	Boys Choir Awards Party Brass Quintet Rehearsal Youth Choir Rehearsal Alzheimer's Caregiver Support Group Normandale Choir Rehearsal High School Hangout Normandale Chamber Choir Rehearsal	Multi-Purpose North & South David Clarke Office Rehearsal Room Rooms 205-206 Rehearsal Room Fishbowl Rehearsal Room
<b>THURSDAY, MAY 18</b> 10:00 am 1:30 pm 4:00 pm 4:30 pm 5:30 pm 7:00 pm	Thursday Morning Bible Study H & W Tai Chi Edina Grief Support Cherub Choir Rehearsal Cherub Choir Awards Party Abigail Circle	Rooms 209-211 Multi-Purpose North Rooms 209-211 Multi-Purpose South Fellowship Hall Not Here
<b>FRIDAY, MAY 19</b> 7:00 am 10:00 am 11:00 am	Friday Morning Bible Study Visitation for Perry (Tom) Hardie Memorial Service for Perry (Tom) Hardie	Rooms 209-211 Fireside Sanctuary
<b>SATURDAY, MAY 20</b> 9:00 am 12:30 pm 2:00 pm	Book, Bagel & Brew Cherub Choir Rehearsal Cherub Choir @ Augustana Homes	Rooms 212-213 Multi-Purpose South Minneapolis
<b>SUNDAY, MAY 21</b> 9:00 am 9:15 am 9:15 am 10:00 am 10:00 am 10:00 am 10:15 am 10:30 am 2:00 pm	Worship   Holy Communion ParentRest Sunday School 7-12 <sup>th</sup> Gr. Donuts & Devotions Coffee Fellowship Normandale Women Board Meeting VBS Volunteer Meeting Worship   Holy Communion Montana Trip Planning Meeting	Sanctuary Rooms 212-213 Various Locations Fishbowl Fireside Room Lower Level Conference Room Rooms 209-211 Sanctuary Rooms 209-211

### PROPERTY IS AVAILABLE TO RENT: 6109 WILRYAN AVE, EDINA

A split level 3 bedroom, 1 3/4 bath with a large living room and basement, and walkout to backyard from kitchen. Interested or know someone who is? Contact: Wendy Reynolds, Business Administrator, at 952-977-9352 / [wreynolds@normluth.org](mailto:wreynolds@normluth.org).

**SUB-SAHARAN AFRICAN YOUTH & FAMILY SERVICES IN MINNESOTA (SAYFSM)** needs a coffee table, living room (2 chairs, love seat), & one full-size bed. If you can help donate, please call **651-644-3983**.

WEEKLY BULLETIN ANNOUNCEMENTS ARE ONLINE AT [WWW.NORMLUTH.ORG](http://WWW.NORMLUTH.ORG); QUICK LINKS MENU. SEE [NORMLUTH.ORG](http://NORMLUTH.ORG) FOR UPCOMING EVENTS, SERMON VIDEOS, & SERVICE OPPORTUNITIES

## News & Announcements

### TODAY @ NLC | MAY 14, 2017

#### HAPPY MOTHER'S DAY!

Coffee Fellowship hour today; come celebrate Mother's Day in the Fireside Room with cake!

#### SUNDAY SCHOOL IN WORSHIP

All children and families are invited to worship together at 9:00 or 10:30 am.

**SUNDAY SCHOOL, PARENTREST, AND DONUTS & DEVOTION** will not meet today; last day until fall will be Sunday, May 21.

### THIS WEEK @ NLC | MAY 15-21, 2017

#### VISION FOR HEALTHY LIVING: ELDER NUTRITION LUNCH & LEARNS

**Monday, May 15 & June 19 | 11:30 am-12:30 pm | Rooms 209-210-211**

What does it mean to "eat well" for those of us who are 60 years old or better? Come find out and enjoy a free, healthy snack with others who want to know more about nutrition. The topic for May 15 will be Nutrition for a Sunny Disposition: Issues with digestion. The group will be led by Mary Lavelle, licensed dietitian, with years of experience helping people improve their health through better eating. **No registration necessary.** Contact Zach Greimann for more information at 952-977-9374 or [zach@normandalecenter.org](mailto:zach@normandalecenter.org).

#### A MISSION IN A CORNER | SEW-DAY QUILTING DATE: TUESDAY, MAY 16 | 8:30-11:30 AM

Tucked away in the northwest corner of the narthex is a display of quilts and yarn--a mission corner. The display of quilts are destined for Lutheran World Relief; the basket contains quilt kits, which include pieces of cut fabric in a pattern to make a quilt top. **Questions, contact** Judy Henderson, 952-920-3948.

Also in the mission corner are baskets of yarn & patterns to knit into hats/scarves to be given to either VEAP, CES, Cornerstone, SAYFSM, or Normandale House. **Questions, contact** Dorothy Malin, 952-929-0109.

#### PARENT & HIGH SCHOOL SENIOR NIGHT | TUES, MAY 16 | 6:30-8:00 PM | FIRESIDE ROOM

We are excited to spend this time together to recognize and celebrate the accomplishments of our high school seniors and to open up a time of discussion and reflection for both youth and parents. Please **RSVP to Maggie Jones, [mjones@normluth.org](mailto:mjones@normluth.org), or 952-929-1697 x369**

#### VISION FOR HEALTHY LIVING – STRENGTH & SERENITY ALTERNATING EXERCISE SERIES

**TUESDAY, MAY 6: GENTLE YOGA | 10:30 AM – 11:30 AM | ROOMS 212-213**

Join us every Tuesday, May 2 through August 1, for an alternating series of Gentle Yoga and Strength & Balance classes to improve your strength, balance, flexibility, and mental well-being. Participants of all ages and ability levels are welcome and yoga poses will be offered in chairs as well as on the mat. All classes will be led by Cathy O'Donnell, a certified local fitness instructor with years of experience.

There is a \$5 fee for standalone classes, with discounts offered for those registering for multiple classes before May 2. To register or receive more information, contact Zach at 952-977-9374 or [zach@normandalecenter.org](mailto:zach@normandalecenter.org).

**PODIATRY CLINIC** - There are several openings still available for Wednesday, June 7. Contact Patti Hankes at 952-929-1698 to schedule your appointment.

**LAST WEEK OF BIBLE STUDY THURSDAY (10 AM) & (7 AM) UNTIL FALL**

In-depth look at the Letter to the Hebrews. This letter is filled with references to the Old Testament worship system and how Christ fulfills, changes, and supersedes that system. Pastor Chuck Humphrey is our teacher.

**EDINA GRIEF SUPPORT SERIES CONTINUES ON THURSDAYS, 4:30-6:00 PM | ROOMS 209-211**

Edina Coalition Grief Support offers a short-term, nondenominational program that focuses on education and group support in a safe and confidential environment. **No meeting May 25.** You may join any time during the series, no preregistration required ([www.edinagriefsupport.org](http://www.edinagriefsupport.org)).

**BOOK, BAGEL & BREW | SAT, MAY 20 | 9:00-11:00 AM | ROOMS 212-213**

Discussing: *Ladies #1 Detective Agency* by Alexander McCall Smith. **For more information**, please contact Dee Henriksen, 952.927.9980.

## UPCOMING EVENTS

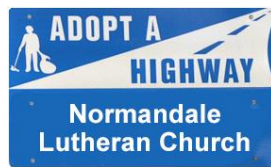
**Summer Worship @ NLC**

SUNDAYS / 9:30 AM / MAY 28 - SEPT 10  
Memorial Day Weekend / Sunday, May 28  
8:00 am @ Lakewood Cemetery / 9:30 am @ NLC

WEDNESDAY OUTDOOR WORSHIP / 7:00 PM / JUNE 7 - AUG 23

Come as you are! All are welcome here.

**SAVE THE DATE | ADOPT-A-HIGHWAY CLEAN-UP | SAT, JUNE 3 | 9:00 AM-12:00 PM**



We'll meet at NLC at 9:00 am for a light breakfast before heading out! We'll be back to the church after cleaning up our stretch of Highway located between Gleason Rd and Highway 100 on The Crosstown (Hwy 62) no later than 12:00 pm.

**Invite friends** for this fun morning of service: let's work towards keeping God's creation litter free! Youth ages 12+ are welcome

Please sign up at [www.normluth.org/adopt-a-highway](http://www.normluth.org/adopt-a-highway) or at the welcome desk by **Wed, May 31 at the latest**. Questions? Contact Maggie Jones at [mjones@normluth.org](mailto:mjones@normluth.org)

**ALL PEOPLE. ALL CREATION.**

Join the celebration as we recognize our high school graduates and welcome new members in festive worship. Picnic with fun and food for all immediately following.  
All are welcome!

**PENTECOST SUNDAY. JUNE 4.**  
9:30 AM WORSHIP / 10:30 AM PICNIC

**WEAR RED!**

**VISION FOR HEALTHY LIVING: OUR BLUE ZONE | SUNDAY, JUNE 25 | 11:00 AM – 2:00 PM  
SANCTUARY & FELLOWSHIP HALL | NORMANDEALE LUTHERAN CHURCH**

Come hear Danny Buettner from the Blue Zones organization talk about the keys to longevity from the New York Times Best-selling book *The Blue Zones: 9 Lessons for Living Longer from the people who've lived the longest*. Afterwards, stay for lunch and a discussion with a panel of local health experts about resources for, and barriers to, healthy living in our community. **Register for the event** online by visiting the Normandale Center for Healing & Wholeness website ([normandalecenter.org](http://normandalecenter.org)). Contact Zach Greimann for more information at 952-977-9374 or [zach@normandalecenter.org](mailto:zach@normandalecenter.org).

Hey guys... are you going to VBS?

Yeah! It's going to be awesome!

Yeah... can't wait!

**MAKER FUN FACTORY**  
Created by GOD  
Built for a Purpose

**VBS @ NLC**  
**June 26-29**  
Kids ages 3 - 5th grade  
Sign-up today!

## STEP FORWARD & ENGAGE

**ARE YOU LOOKING FOR A WAY TO HELP THE POOR WITH A ONE TIME COMMITMENT**

Please consider serving a meal to Our Saviour's Shelter 50 homeless residents (near Normandale House in the Phillip's neighborhood on Chicago Avenue. **Please consider signing up: 6-8 pm: July 13, Aug 10, Oct 12, Dec 14.** Contact Dana Arnold, 952-929-1697, [dana@normluth.org](mailto:dana@normluth.org) or @ [www.normluth.org/Serve](http://www.normluth.org/Serve).